

Opening the adiZone in Littleport

Contributed by Julie Parr
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Fancy being the first to use an adiZone? Want to meet an Olympic hopeful? Or want to check out your health? Then come along to Littleport Leisure Day as part of the London 2012 Open Weekend, supported by BP.

To celebrate the Open Weekend 2010 - the UK-wide countdown to the London 2012 Olympic and Paralympic Games - a whole weekend of activities is planned for 24-25 July.

On Saturday 24 July, there will be an afternoon of activities for all the family to enjoy from willow art with Jane Frost, Mini Beast Hunts, and East Cambridgeshire District Council's Mobile Playscheme at Anglesey Abbey between 1 – 4pm.

Also on Saturday, there will be Boogie in the Park – an open air music concert in Ely Park featuring Bananarama, East 17, Kajagoogoo, Rose Royce and Heatwave

On Sunday 25 July, at Littleport Leisure Centre events start at 10.45am with a 10k race and fun run. At noon, GB gymnast Dan Keating – Britain's first ever European championship gold medallist - will be on hand to open the new adiZone and answer any questions from young sporting stars of the future. Daniel made history when he became the first British gymnast to win a medal in the All-Around event at the Artistic World Championships in front of his home crowd at the O2 Arena in London.

The adiZone is a multisport area which has activities such as: an outdoor gym, a tennis wall, a basketball hoops, a football goal, a performance area and a climbing wall

There will also be stands including Health Checks for St Georges Medical centre Patients Aged 40 -75, CAMQUIT Stop Smoking Support, Chlamydia Screening, Health Trainers, Drug and Alcohol Team, and the ECDC Sports Development Team.

Cllr Anthea Davidson, Chairman at East Cambridgeshire District Council, said: "The London 2012 Open Weekend promises to be a fantastic weekend of sporting, arts and cultural events right across the district, region and county. It is the opportunity to try something new, take an existing skill to the next level or discover a talent you never knew you had. "We are very lucky to have the incredibly talented Dan Keating officially opening the adiZone in Littleport. He has a great chance of winning a medal at London 2012 and I know everyone who comes along to the event will learn a lot from him. The weekend promises to be a great event so I hope to see many of you there

Keith Parker